

GP Stad Turnhout: Session: 1: COACH evaluation sheet for TEAM: MOZKA

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moors Joren HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 14:00
Heat: 1/6 Lane : 2 Athlete: GEERTS AMÉLIE			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 1: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 14:05
Heat: 6/6 Lane : 2 Athlete: KEMPS ELIZE			Q-time: 00:29:30
PB (25m pool): 00:29.30 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:29.94 SB: 00:29.71 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:29.30	
	00:29.30		
			

Coach feedback:

Event number: 1: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 14:05
Heat: 6/6 Lane : 4 Athlete: VAN BAELEN YENTHE			Q-time: 00:29:19
PB (25m pool): 00:29.09 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:29.61 SB: 00:29.09 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	
PB		00:29.09	
	00:29.09		
			

Coach feedback:

GP Stad Turnhout: Session: 1: COACH evaluation sheet for TEAM: MOZKA

Event number: 2: 50M FREESTYLE MEN 11+				Heat:2, starttime: 14:07
Heat: 2/6 Lane : 1 Athlete: VAN GORP THIJS				Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M		
PB		no time		
	no time			
				

Coach feedback:

Event number: 2: 50M FREESTYLE MEN 11+				Heat:2, starttime: 14:07
Heat: 2/6 Lane : 5 Athlete: LECOMTE FLORENTIN				Q-time: 00:37:20
PB (25m pool): 00:37.20 Sinbad 22/07/2025		PB (50m pool): 00:38.26 SB: no time		
	2 5 M	5 0 M		
PB		00:37.20		
	00:37.20			
				

Coach feedback:

Event number: 2: 50M FREESTYLE MEN 11+				Heat:4, starttime: 14:09
Heat: 4/6 Lane : 6 Athlete: VAN HOVE VICTOR				Q-time: 00:31:38
PB (25m pool): 00:30.68 Stedelijk Zwembad Geel 15/02/2026		PB (50m pool): 00:31.68 SB: 00:30.68 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M	5 0 M		
PB		00:30.68		
	00:30.68			
				

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+				Heat:1, starttime: 14:17
Heat: 1/6 Lane : 1 Athlete: HOEYBERGHS RILEY				Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
	no time			
				

Coach feedback:

GP Stad Turnhout: Session: 1: COACH evaluation sheet for TEAM: MOZKA

Event number: 4: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 14:20
Heat: 2/6 Lane : 5 Athlete: VREYSEN JANA					Q-time: 01:41:76
PB (25m pool): 01:42.97 Heist Op Den Berg 11/01/2025					PB (50m pool): 01:41.76 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.72		01:42.97	
	00:49.72		00:53.25		
					

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 14:20
Heat: 2/6 Lane : 6 Athlete: LIEVENS NONA					Q-time: 01:42:68
PB (25m pool): 01:42.68 Heist Op Den Berg 11/01/2025					PB (50m pool): 01:49.68 SB: 01:44.53 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.40		01:42.68	
	00:48.40		00:54.28		
					

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 14:22
Heat: 3/6 Lane : 2 Athlete: MEEKERS RANIA					Q-time: 01:31:59
PB (25m pool): 01:38.04 Mol 30/12/2022					PB (50m pool): 01:31.59 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:38.04	
	no time				
					

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 14:22
Heat: 3/6 Lane : 4 Athlete: GEERTS AMÉLIE					Q-time: 01:30:62
PB (25m pool): 01:30.62 Arendonk 30/11/2025					PB (50m pool): 01:38.40 SB: 01:30.62 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.09		01:30.62	
	00:44.09		00:46.53		
					

Coach feedback:

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Event number: 4: 100M BACKSTROKE WOMEN 11+				Heat:5, starttime: 14:26	
Heat: 5/6 Lane : 3 Athlete: ADRIAENSEN LENA				Q-time: 01:20:95	
PB (25m pool): 01:20.95 Temse 17/11/2025				PB (50m pool): 01:22.06 SB: 01:20.95 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.09		01:20.95	
	00:39.09		00:41.86		
					

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+				Heat:5, starttime: 14:26	
Heat: 5/6 Lane : 6 Athlete: CEULEMANS LENA				Q-time: 01:22:13	
PB (25m pool): 01:22.13 Stedelijk Zwembad Geel 16/02/2025				PB (50m pool): 01:25.62 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.65		01:22.13	
	00:39.65		00:42.48		
					

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+				Heat:6, starttime: 14:28	
Heat: 6/6 Lane : 5 Athlete: KEMPS ELIZE				Q-time: 01:14:70	
PB (25m pool): 01:14.70 Temse 17/11/2025				PB (50m pool): 01:18.49 SB: 01:14.70 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.55		01:14.70	
	00:35.55		00:39.15		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+				Heat:2, starttime: 14:33	
Heat: 2/5 Lane : 5 Athlete: MEEKERS CARSTEN				Q-time: 01:37:16	
PB (25m pool): no time				PB (50m pool): 01:37.16 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 5: 100M BACKSTROKE MEN 11+				Heat:3, starttime: 14:36	
Heat: 3/5 Lane : 5 Athlete: HOOYBERGHS MIL				Q-time: 01:26:51	
PB (25m pool): 01:26.51 Mol 28/12/2025				PB (50m pool): 01:36.85 SB: 01:26.51 Mol 28/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.30		01:26.51	
	00:42.30		00:44.21		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+				Heat:4, starttime: 14:38	
Heat: 4/5 Lane : 5 Athlete: VAN HOVE NAND				Q-time: 01:20:24	
PB (25m pool): 01:20.24 Mol 28/12/2025				PB (50m pool): 01:22.41 SB: 01:20.24 Mol 28/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.26		01:20.24	
	00:39.26		00:40.98		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+				Heat:5, starttime: 14:40	
Heat: 5/5 Lane : 4 Athlete: HUYSMANS SEPPE				Q-time: 01:05:76	
PB (25m pool): 01:05.76 Mol 28/12/2025				PB (50m pool): 01:06.21 SB: 01:05.76 Mol 28/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.71		01:05.76	
	00:32.71		00:33.05		
					

Coach feedback:

Event number: 6: 100M MEDLEY MIXED 9-10				Heat:1, starttime: 14:42	
Heat: 1/1 Lane : 2 Athlete: VERACHTEN TIJL				Q-time: 01:44:39	
PB (25m pool): 01:42.54 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): no time SB: 01:42.54 Stedelijk Zwembad Geel 15/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.92		01:42.54	
	00:50.92		00:51.62		
					

Coach feedback:

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Event number: 6: 100M MEDLEY MIXED 9-10					Heat:1, starttime: 14:42	
Heat: 1/1 Lane : 4 Athlete: COOLS VINCE					Q-time: 01:42:93	
PB (25m pool): 01:37.12 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: 01:37.12 Stedelijk Zwembad Geel 15/02/2026						
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:46.68		01:37.12		
	00:46.68		00:50.44			
						

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 14:45
Heat: 1/7 Lane : 4 Athlete: HUYSMANS ILIANA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 14:47
Heat: 2/7 Lane : 6 Athlete: HOEYBERGHS RILEY					Q-time: 02:05:05
PB (25m pool): 02:05.05 Mol 28/12/2025					PB (50m pool): no time SB: 02:05.05 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.85		02:05.05	
	00:56.85		01:08.20		
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 14:49
Heat: 3/7 Lane : 6 Athlete: VREYSEN JANA					Q-time: 01:50:27
PB (25m pool): 01:50.27 Herentals 17/05/2025					PB (50m pool): 02:01.41 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.09		01:50.27	
	00:51.09		00:59.18		
					

Coach feedback:

GP Stad Turnhout: Session: 1: COACH evaluation sheet for TEAM: MOZKA

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 14:53
Heat: 5/7 Lane : 5 Athlete: MEEKERS RANIA					Q-time: 01:33:10
PB (25m pool): 01:33.10 Mol 28/12/2025					PB (50m pool): 01:39.48 SB: 01:33.10 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.61		01:33.10	
	00:43.61		00:49.49		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:02
Heat: 2/6 Lane : 1 Athlete: VAN GORP THIJS					Q-time: 02:12:10
PB (25m pool): 02:12.10 Arendonk 30/11/2025					PB (50m pool): no time SB: 02:12.10 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:02.38		02:12.10	
	01:02.38		01:09.72		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:02
Heat: 2/6 Lane : 3 Athlete: LECOMTE FLORENTIN					Q-time: 01:42:16
PB (25m pool): 01:42.16 Arendonk 30/11/2025					PB (50m pool): 01:51.00 SB: 01:42.16 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.43		01:42.16	
	00:49.43		00:52.73		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 15:04
Heat: 3/6 Lane : 2 Athlete: DE MESSEMAEKER ZYDRICH					Q-time: 01:38:83
PB (25m pool): 01:38.83 Mol 28/12/2025					PB (50m pool): 01:50.62 SB: 01:38.83 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.84		01:38.83	
	00:45.84		00:52.99		
					

Coach feedback:

GP Stad Turnhout: Session: 1: COACH evaluation sheet for TEAM: MOZKA

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 15:04
Heat: 3/6 Lane : 3 Athlete: KEMPS VINCE					Q-time: 01:37:37
PB (25m pool): 01:41.22 Turnhout 03/03/2024					PB (50m pool): 01:37.37 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:41.22	
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 15:04
Heat: 3/6 Lane : 5 Athlete: MEEKERS CARSTEN					Q-time: 01:39:30
PB (25m pool): 01:39.30 Mol 28/12/2025					PB (50m pool): 01:48.36 SB: 01:39.30 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.35		01:39.30	
	00:45.35 00:53.95				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 15:04
Heat: 3/6 Lane : 6 Athlete: HOOYBERGHS MIL					Q-time: 01:42:16
PB (25m pool): 01:42.16 Arendonk 30/11/2025					PB (50m pool): 01:52.38 SB: 01:42.16 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.91		01:42.16	
	00:48.91 00:53.25				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 15:06
Heat: 4/6 Lane : 2 Athlete: VAN HOVE VICTOR					Q-time: 01:31:26
PB (25m pool): 01:31.26 Temse 17/11/2025					PB (50m pool): 01:39.52 SB: 01:31.26 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.69		01:31.26	
	00:42.69 00:48.57				
					

Coach feedback:

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Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 15:08
Heat: 5/6 Lane : 4 Athlete: HERMANS PIETER-JAN					Q-time: 01:24:37
PB (25m pool): 01:22.75 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:29.80 SB: 01:22.75 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.03		01:22.75	
	00:39.03		00:43.72		
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 15:29
Heat: 2/3 Lane : 2 Athlete: CEULEMANS LENA					Q-time: 01:20:40
PB (25m pool): 01:24.23 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:20.40 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.04		01:24.23	
	00:40.04		00:44.19		
					

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 15:35
Heat: 2/3 Lane : 2 Athlete: DE MESSEMAEKER ZYDRICH					Q-time: 01:27:56
PB (25m pool): 01:27.56 Arendonk 30/11/2025 PB (50m pool): 01:28.79 SB: 01:27.56 Arendonk 30/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.46		01:27.56	
	00:40.46		00:47.10		
					

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 15:37
Heat: 3/3 Lane : 3 Athlete: MIHAILESCU STEFAN					Q-time: 01:04:25
PB (25m pool): 01:04.25 Mol 28/12/2025 PB (50m pool): 01:10.63 SB: 01:04.25 Mol 28/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.64		01:04.25	
	00:28.64		00:35.61		
					

Coach feedback:

GP Stad Turnhout: Session: 1: COACH evaluation sheet for TEAM: MOZKA

Event number: 11: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 15:40
Heat: 1/8 Lane : 2 Athlete: HUYSMANS ILIANA					Q-time: 01:37:00
PB (25m pool): 01:32.95 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: 01:32.95 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.02		01:32.95	
	00:43.02		00:49.93		
					

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 15:44
Heat: 3/8 Lane : 6 Athlete: LIEVENS NONA					Q-time: 01:26:94
PB (25m pool): 01:26.94 Mol 28/12/2025 PB (50m pool): 01:34.51 SB: 01:26.94 Mol 28/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.28		01:26.94	
	00:43.28		00:43.66		
					

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 15:50
Heat: 7/8 Lane : 1 Athlete: ADRIAENSEN LENA					Q-time: 01:10:01
PB (25m pool): 01:10.01 Temse 17/11/2025 PB (50m pool): 01:10.56 SB: 01:10.01 Temse 17/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.50		01:10.01	
	00:33.50		00:36.51		
					

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 15:51
Heat: 8/8 Lane : 5 Athlete: VAN BAELEN YENTHE					Q-time: 01:02:72
PB (25m pool): 01:02.72 Mol 28/12/2025 PB (50m pool): 01:04.19 SB: 01:02.72 Mol 28/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.12		01:02.72	
	00:30.12		00:32.60		
					

Coach feedback:

GP Stad Turnhout: Session: 1: COACH evaluation sheet for TEAM: MOZKA

Event number: 12: 100M FREESTYLE MEN 11+				Heat:4, starttime: 15:59	
Heat: 4/8 Lane : 4 Athlete: KEMPS VINCE				Q-time: 01:11:49	
PB (25m pool): 01:19.16 Arendonk 01/12/2024				PB (50m pool): 01:11.49 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.21		01:19.16	
	00:37.21		00:41.95		
					

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+				Heat:5, starttime: 16:00	
Heat: 5/8 Lane : 1 Athlete: VAN HOVE NAND				Q-time: 01:10:88	
PB (25m pool): 01:13.11 Temse 17/11/2025				PB (50m pool): 01:10.88 SB: 01:13.11 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.33		01:13.11	
	00:35.33		00:37.78		
					

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+				Heat:7, starttime: 16:03	
Heat: 7/8 Lane : 6 Athlete: HERMANS PIETER-JAN				Q-time: 01:04:58	
PB (25m pool): 01:03.21 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): 01:08.90 SB: 01:03.21 Stedelijk Zwembad Geel 15/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.85		01:03.21	
	00:30.85		00:32.36		
					

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+				Heat:8, starttime: 16:04	
Heat: 8/8 Lane : 5 Athlete: HUYSMANS SEPPE				Q-time: 00:58:96	
PB (25m pool): 00:58.96 Antwerpen 12/10/2025				PB (50m pool): 00:58.99 SB: 00:58.96 Antwerpen 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.38		00:58.96	
	00:28.38		00:30.58		
					

Coach feedback:

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Event number: 12: 100M FREESTYLE MEN 11+				Heat:8, starttime: 16:04	
Heat: 8/8 Lane : 6 Athlete: MIHAILESCU STEFAN				Q-time: 00:59:58	
PB (25m pool): 01:00.43 Nijlen 16/11/2025				PB (50m pool): 00:59.58 SB: 01:00.43 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.09		01:00.43	
	00:29.09		00:31.34		
					

Coach feedback:

Event number: 13: 100M FREESTYLE MIXED 9-10				Heat:2, starttime: 16:09	
Heat: 2/2 Lane : 1 Athlete: COOLS VINCE				Q-time: 01:40:57	
PB (25m pool): 01:28.10 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): 01:40.57 SB: 01:28.10 Stedelijk Zwembad Geel 15/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.79		01:28.10	
	00:43.79		00:44.31		
					

Coach feedback:

Event number: 13: 100M FREESTYLE MIXED 9-10				Heat:2, starttime: 16:09	
Heat: 2/2 Lane : 2 Athlete: VERACHTEN TIJL				Q-time: 01:34:58	
PB (25m pool): 01:25.30 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): no time SB: 01:25.30 Stedelijk Zwembad Geel 15/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.55		01:25.30	
	00:40.55		00:44.75		
					

Coach feedback: